



#4: Broken Bodies

Psalm 38

November 15, 2015 Kemptville CRC

*"...I am exhausted
and completely crushed..."*

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- Review: some faithbusters in our lives are.....
 - The usual way we connect faith and health is:
(as, for example, in Psalm 38)
 - Our bodies matter:
 - Genesis 2:4-7 *Breath of life -
Living Being* -
 - 1 Corinthians 6:19 *Temple of the Holy Spirit*
 - honoring the body -
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Don't Beat Up

- Listen to your mother!
- Don't listen to the voice of guilt

Don't Give Up

- 1 Peter 5:8: *how have you experienced this in your life?*
- antidote is: ***"I belong to Jesus!"*** (John 10:28-29; Rom 8:39)

Don't Shut Up

- let others carry you
- help others: be gentle
be generous
be gracious

MY QUESTION



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